

# The Paradox of our Times

- His Holiness, The Dalai Lama



Photograph by Tenzin Cheojar

*We have taller buildings, but shorter tempers*

*Wider freeways, but narrower viewpoints*

*We have bigger houses, but smaller families*

*More conveniences, but less time*

*We have more degrees, but less sense*

*More knowledge but less judgment*

*More experts but more problems*

*We have added years to life but not life to our years*

*We have learnt how to make a living, but not how to make a life*

*We have been all the way to the moon and back,*

*But have trouble crossing the street to meet the new neighbour*

*These are the times of steep profits, but shallow relationships*

*Of fancier houses, but broken homes*

*These are times when there is so much in the window,*

*But nothing in the room.*